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Adaptive Mentalization-Based Integrative Treatment A Guide for Teams to Develop Systems of Care

Dickon Bevington, Peter Fuggle, Liz Cracknell, and Peter Fonagy

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Item type: book

This book is for youth workers, social workers, mental health staff, specialist teachers, family support workers, and so on, whose clients present with comorbidity, risk, and difficulty accessing mainstream services. It describes inevitably stressful, unsettling work, providing effective help in complex helping systems. An innovative response emerges, building on adaptive (evidence-based) mentalization-based theory and practice. Uniquely, AMBIT applies mentalizing not only directly, in work with clients, but also in work: (a) with the team, (b) with wider (often “dis-integrated”) networks, and (c) creating cultures of learning and radical transparency. AMBIT is as much an improvement system for teams as a “therapy”—strengthening team identity and coherence, and supporting a wider community of practice. Linking evidence-based practice to practice-based evidence, the book concludes with impact descriptions from some of the nearly 200 AMBIT-trained teams, a client’s perspective, and a challenging analysis of systems of care pointing toward the need to create more mentalizing systems.

Assessment and Intervention with Children and Adolescents Who Misuse Fire Practitioner Guide

David J. Kolko and Eric M. Vernberg

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Children and adolescents in the general population and in clinical populations reveal surprisingly high rates of playing with fire or actual firesetting behavior. A single fire has the potential to cause a cascade of serious consequences to the child, family, and the community, some of which may continue forever. Yet, there is limited practical information and advice based on available empirical evidence to help programs or practitioners work effectively with children or adolescents who misuse fire, and their families. This book provides practical guidelines designed to facilitate the clinical assessment and treatment of youthful firesetting behavior based on nearly four decades of research and intervention experience with this population. The topics covered in this book address several important

content areas. Initial chapters provide an overview of the significance of the problem, and some lessons learned based on case control, clinical trial, and real-world implementation projects. Recommendations for using screening and assessment measures that evaluate firesetting and general psychosocial issues are included. Several intervention methods are outlined for use with children, caregivers, and families. These methods encompass fire safety education materials and several cognitive-behavioral treatment skills-training procedures that focus on understanding of the fire, affect regulation and self-control, parenting practices, and home-based management programs. The book also includes suggestions to promote professional and program development which reflect on various educational, ethical, legal, collaborative, and community safety considerations. The book's content is intended to help a diverse array of practitioners understand and target the context in which the misuse of fire occurs.

Beyond Coping Meeting Goals, Visions, and Challenges

Erica Frydenberg (ed.)

Print Publication Year: 2002 Published Online: Aug 2015 Publisher: Oxford University Press
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There are many challenges to be faced in contemporary society including the stresses of everyday living in the technological age and changes in patterns of employment and family life. Depression is being experienced in 'epidemic' proportions in many Western communities, and in particular amongst young people. The search for effective ways to reverse this trend has resulted in a significant shift in psychological approach from a focus on helplessness and pathology to a more positive orientation that emphasises health and well-being. This volume brings together leading researchers in the field of stress and coping to consider ways in which coping research contributes to our understanding of how people in different sectors of life meet goals and challenges. It provides a synthesis of different but compatible theoretical models that have been developed in the field of stress and coping and provides a way forward beyond the traditional stress and coping paradigms. The emergent model is able to be used to assess a wide range of issues in the stress and coping domain.

Child Sexual Abuse A Primer for Treating Children, Adolescents, and Their Nonoffending Parents

Esther Deblinger, Anthony P. Mannarino, Judith A. Cohen, Melissa K. Runyon, and Anne H. Heflin

Print Publication Year: 2015 Published Online: Mar 2016 Publisher: Oxford University Press
ISBN: 9780199358748 eISBN: 9780190247102 DOI: 10.1093/med:psych/9780199358748.001.0001
Item type: book

This book provides an overview of research on the prevalence, dynamics, and impact of child sexual abuse (CSA), as well as factors that influence youth recovery. The history, development, and numerous treatment outcome studies evaluating the efficacy of trauma-focused cognitive behavioral therapy (TF-CBT), an evidence-based treatment model

designed for this population, are described. This includes a clinical overview outlining the theories, principles, values, and components associated with this model and suggestions for addressing complex trauma responses, developmental, and cultural considerations. Screening, engagement, and assessment strategies, as well as general guidelines for using this practical treatment guide are also outlined. The chapters that follow outline practical steps for engaging nonoffending caregivers and youth facing the crisis of CSA in separate individual parent and child sessions as well as conjoint sessions. The acronym PRACTICE outlines the TF-CBT treatment components which include Psychoeducation and parenting, Relaxation, Affect expression and modulation skills, Cognitive coping, Trauma narrative and processing, In vivo mastery, Conjoint sessions, and Enhancing safety and future development. TF-CBT session activities that may be used to implement each of the treatment components are described via clinical descriptions, case examples, and therapist-client dialogues. General suggestions for planning and celebrating the end of therapy are provided. Special considerations and guidelines for addressing sexual behavior problems and difficulties associated with experiencing commercial sexual exploitation are offered. The appendix includes a glossary of terms, useful therapist forms, and valuable client handouts that provide psychoeducation, as well as guidelines for practicing skills between sessions.

Children and Youth with Autism Spectrum Disorder (ASD) Recent Advances and Innovations in Assessment, Education, and Intervention

James K. Luiselli (ed.)

Print Publication Year: 2014 Published Online: Nov 2015 Publisher: Oxford University Press
ISBN: 9780199941575 eISBN: 9780190466220 DOI: 10.1093/med:psych/9780199941575.001.0001
Item type: book

The book is intended for professionals and researchers involved in education and intervention with children and youth who have autism spectrum disorder. As an edited volume, the book features chapters that address assessment, diagnosis, treatment, and evaluation among the ASD population. Specifically, the book looks at recent developments in service delivery, including innovations of established practices as well as emerging strategies and methods that have proven promising. The chapters examine the research literature, discuss procedural implications, and make recommendations for future practice and inquiry.

Cognitive-Behavioral Therapy for Chronic Pain in Children and Adolescents

Tonya M. Palermo

Print Publication Year: 2012 Published Online: Jan 2015 Publisher: Oxford University Press
ISBN: 9780199763979 eISBN: 9780190230074 DOI: 10.1093/med:psych/9780199763979.001.0001
Item type: book

This online resource provides a practical guide for implementing cognitive-behavioral therapy (CBT) for children and their families coping with the consequences of persisting pain. It is divided into three sections. The first section presents a brief history, theoretical

foundations, and background concerning the development of CBT interventions for children with chronic pain conditions and summarizes research results on the efficacy of CBT. The second section covers assessment and evaluation approaches, patient education, and how to structure and sequence CBT interventions with children and families. The final section describes in detail each cognitive-behavioral intervention, including relaxation and cognitive skills and interventions directed at parents, sleep problems, physical activity, and school functioning. Extensive suggested dialogue and detailed instructions and forms are included, and accompanying appendices provide user-friendly therapist training materials for successful application of clinical techniques to children and families.

Cognitive-Behavioral Treatment of Childhood OCD: Therapist GuideIt's Only a False Alarm

John Piacentini, Audra Langley, and Tami Roblek

Print Publication Year: 2007 Published Online: Jan 2015 Publisher: Oxford University Press
ISBN: 9780195310511 eISBN: 9780190241667 DOI: 10.1093/med:psych/9780195310511.001.0001
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Cognitive-Behavioral Therapy (CBT) has shown to be effective in the treatment of childhood OCD. This online Therapist Guide outlines a 12-session CBT-based treatment for OCD that benefits not only children and adolescents, but their families as well. Each session incorporates a family therapy component in addition to individual treatment for the child. It is a combined approach program that educates the child and family about OCD in order to reduce negative feelings of guilt and blame and to normalise family functioning. It also provides guidelines for conducting both imaginal and in vivo exposures, which are techniques at the core of helping children reduce their anxiety. For use with children ages 8 to 17, this online resource is an indispensable tool for clinicians helping children and their families cope with OCD.

The Collected Works of D. W. WinnicottVolume 12, Appendices and Bibliographies

Robert Adès (ed.)

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ISBN: 9780190271442 eISBN: 9780190458508 DOI: 10.1093/med:psych/9780190271442.001.0001
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The twelfth and final volume of the Collected Works contains chronological and alphabetical bibliographies of Winnicott's work, a list of his published correspondence and biographies of each correspondent, tables of contents of all previously published books, several unrealized plans for anthologies of papers compiled by Winnicott, lists of new and edited work, lists of all the lectures and broadcasts he gave over his life, and a selection of drawings, squiggles and Winnicott's creative signatures. The volume online also houses all the surviving audio material of Winnicott's broadcasts and lectures, and features a further podcast by Anne Karpf discussing Winnicott's career as a broadcaster. Several alternative radio scripts are also reproduced. The volume includes three discursive essays:

Clare Winnicott's 'DWW: A Reflection' on Winnicott's early life, and death; and essays by Volume 12 compiler and editor Robert Adès: reviewing the structure and arrangement of the Collected Works as a whole, and further notes on the contents of this volume.

The Collected Works of D. W. Winnicott Volume 8, 1967 - 1968

Lesley Caldwell and Helen Taylor Robinson (eds)

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Volume eight, 1967–68, is introduced by the eminent British child psychotherapist, Ann Horne. It gathers together Winnicott's interests in play and playing, and in health, including papers on infantile schizophrenia, the squiggle game, the roots of aggression, interpretation, his significant late paper 'The Use of an Object', and his obituary of James Strachey, his first analyst and editor of the Standard Edition of Sigmund Freud. It also includes a number of Winnicott's letters charting his recovery from a serious illness, from hospital in New York, to his secretary Joyce Coles.

The Collected Works of D. W. Winnicott Volume 2, 1939-1945

Lesley Caldwell and Helen Taylor Robinson (eds)

Print Publication Year: 2016 Published Online: Dec 2016 Publisher: Oxford University Press
ISBN: 9780190271343 eISBN: 9780190458409 DOI: 10.1093/med:psych/9780190271343.001.0001
Item type: book

Volume 2, 1939–45, covers the years of World War II. It contains an introduction by the late senior child psychotherapist, Christopher Reeves. The volume includes letters to colleagues, including one to the British Medical Journal with Emanuel Miller and John Bowlby regarding the war and children; a report on war work; Winnicott's first article on aggression; articles on delinquency and corporal punishment; his contribution to the Controversial Discussions of the British Psychoanalytical Society; texts of his early BBC broadcasts; and the very significant paper, 'Primitive Emotional Development', a continually relevant statement of his own evolving position in regard to psychoanalytic theory and practice.